



## Subject Level Boundary Template

<b>Department</b>	Food and Nutrition	<b>Year Group</b>	7	<b>Assessment</b>	Written Work
<b>Assessment Summary</b>	There will be a range of theory/written work during the Y7 rotation to accompany the practical sessions. Students will learn more about the Eatwell Guide and Nutrients including their functions and good sources. They will also find out about where our food comes from, including Food Provenance and Food Choice including seasonality, food source and supply, moral, ethical, environmental issues and some culinary traditions.				
<b>Practical Work</b>					
<b>Level 1</b>	I can identify the different areas of the Eatwell guide. I am able to identify where the foods I like to eat should be placed on the Eatwell Guide. I can review my diet. I have some understanding where food comes from and when it is in season.				
<b>Level 2</b>	I can apply my knowledge and understanding of the Eatwell Guide and I can use it to analyse my diet using the guide. I can identify the main nutrients. I am able to identify good food sources of each one. I have some understanding food provenance and seasonality.				
<b>Level 3</b>	I can apply my knowledge and understanding of the Eatwell Guide and I can use it to analyse my diet using the guide. I can identify the main nutrients and I can state their function. I am able to identify good food sources of each one. I can show on a map where food comes from and I am aware of the seasons of which different foods are grown in the UK.				
<b>Level 4</b>	I am able to analyse my own diet using the Eatwell Guide. I can discuss the different areas of the guide and identify the main nutrients, their function and provide a range of sources. I have a very good consideration and understanding of food provenance and seasonality and can identify a variety of different foods.				
<b>Level 5</b>	I am able to analyse my own diet and that of others using the Eatwell Guide. I can use it to develop my own ideas about eating well. I am confident in naming the five main nutrients and stating their functions and providing a range of sources. I have an excellent consideration and understanding of food provenance and seasonality. I can identify where a range of foods come from.				