

PE Vision/Intent

At King Edward VI School, we recognise the importance of Physical Education and the role it has to play in promoting long term, healthy lifestyles and making a positive impact on physical, mental and social health. Throughout Key Stages 3 and 4 in Physical Education we intend to provide a curriculum that is broad, balanced, challenging and fosters a love of learning.

Intent – The intent of our Physical Education curriculum is to provide all students with high quality PE/Games and sport provision, not only as a participant but in leadership roles such as a coach or official. We aim to provide opportunities for our learners to progressively expand their knowledge and skills needed for healthy participation in sport and physical activity. We intend to teach pupils how to communicate effectively, work as part of a team, and develop the core and advanced skills for students to both enjoy their participation in activities and excel in the sporting performance.

Implementation – Learners at KS3&4 participate in three lessons over a two-week timetable. Our PE curriculum includes a variety of sports to provide learners with different opportunities to thrive, gain confidence, and build resilience. At KS4 students can opt into personalised pathways that suit their own individual interests/skill set. This includes the accredited Sports Leader Award. In addition, Key Stage 4 students also get the opportunity to study AQA GCSE Physical Education. Our teachers will provide personalised learning approaches to make our high-quality lessons accessible and engaging for every student, allowing them to develop physically, emotionally, and socially. To support feedback, teachers will use the holistic physical, mental and social assessment framework to provide formative and summative feedback and to provide opportunities for learners to self-reflect.

Impact - We believe that as a PE department we can positively influence behaviour and learning across the school through the power of sport and physical activity. Through healthy participation, intra/extra-school competitions, and sports leadership opportunities, learners will be motivated to take ownership and responsibility for leading a healthy and happy lifestyle. We are giving students the means and understanding to use sport as a physical and mental outlet that they will be able to use in their current and future lives.