



Today's Prayer

Listen or read the Prayer for the Day and join in with thousands of others saying these words.

[Today's Prayer | The Church of England](#)

24/25 Issue No 7

Friday 18 October 2024

Dear Parents and Carers

Schools have a responsibility to set students on the path that will help prepare them for the future by providing them with the knowledge and skills they require to succeed in the world of work. We take pride in ensuring our Careers Curriculum exceeds these standards through a mix of in-person careers education and independent study through XELLO.



XELLO is the school's careers platform designed to place students at the centre of their career planning experience. It allows students to build knowledge and prepare for their future through exploring their post-16 options, learning new skills and self-reflection. Students will be set XELLO homework, however they are also encouraged to independently explore the site. Please click on the letter of your child's year group to see how you can support their career development:

[Year 7](#) [Year 8](#) [Year 9](#) [Year 10](#) [Year 11](#)

To access up-to-date careers information such as post-16 options, getting 'job ready' and our Careers Policy, or local career opportunities such as work experience, webinars or in person career events, please visit our website: [Careers - King Edward VI School \(king-ed.suffolk.sch.uk\)](#).

Could you share your Career Journey with our students?

Hearing about the journeys that adults have made from school into the workplace often has the biggest impact on our students and the choices they make when they leave school. If you would consider sharing your career pathway

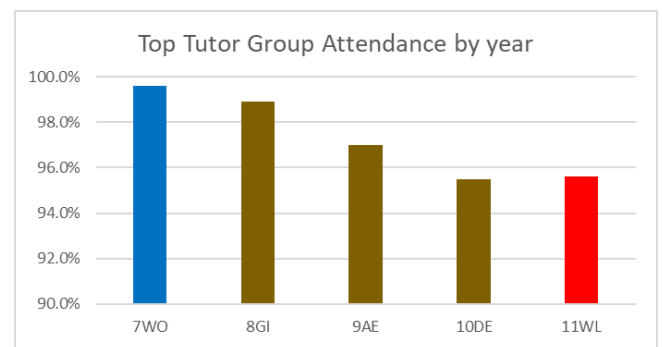
Job Vacancy

We are looking for colleagues to join our Lunchtime Duty team – click the link below if you are interested:

[Vacancies - King Edward VI School, Bury St Edmunds, Suffolk \(king-ed.suffolk.sch.uk\)](https://king-ed.suffolk.sch.uk/vacancies)

from school to present day with small (or large) groups of students please complete this form

<https://forms.office.com/e/SDQyretCGs>



Duke of Edinburgh

It has been wonderful to see all those who have registered for Duke of Edinburgh's Awards. I will be holding a 'drop in to log in' session for all those who have registered on Thursday 24 October from 3.45 - 4.30pm:

- Year 9 (Bronze award) in the Library
- Year 10 (Silver award) in A39

Design a Science-Inspired Waistcoat

In collaboration with the World Snooker Tour and Johnstone's Paint, STEM Learning are offering young people, between the ages of 11 and 14, an exciting opportunity to design a waistcoat that will be worn by a top snooker player during the Johnstone's Paint Masters at Alexandra Palace.

The winning design will be showcased live on the BBC in January 2025.

The Science Waistcoat Design Competition invites young people to create a waistcoat and share their scientific inspiration behind the design. They could draw or paint the design on the template.

The closing date is 4 pm 7 November 2024. For more information, [CLICK HERE](#).

Work Experience Opportunities

Speakers for Schools is an organisation that aims to close the opportunity gap and level the playing field by providing fair access to fully funded work experience. See poster below of work experience opportunities currently on offer. You can browse their opportunities here:

<https://www.speakersforschools.org/work-experience-opportunities/> including their Discover! Creative Careers Programme.

Opportunity	Age	Duration	Industry	Application Deadline	Dates
AHR (Discover! Insight into Architecture with AHR Architects)	14 - 19	1 day	Architecture	06/11/2024	20/11/2024
THAKEHAM (Zero-carbon House Building - it's not all about bricklaying!)	16 - 19	1 day	Construction * Interior Design	18/10/2024	05/11/2024
DISCOVER! (Discover! Exciting work Experience for SEND Students)	14 - 19	3 days	Creative Design	05/11/2024	19/11/2024 - 21/11/2024
GREEN CAREERS (Green Careers Week: Working to protect our species and restoring our natural world)	14 - 19	1 day	Environment/Sustainability	24/10/2024	07/11/2024
One Dance UK (Discover! Careers in Dance - Where Will Dance Take You?)	14 - 19	3 days	Arts	05/11/2024	19/11/2024 - 21/11/2024
DISCOVER! CLOCK (Discover! Clock your Skills measure your creative skills in this workshop)	14 - 19	1 day	Creative Design	04/11/2024	18/11/2024

They also have a great in-person work experience opportunity specifically for Suffolk students with Care UK, within a few of their care homes in February 2025. In-person opportunities are available at the following settings:

- **Ipswich-** Prince George House care home (Click [HERE](#) for all the details)
- **Lowestoft-** Britten Court care home (Click [HERE](#) for all the details)
- **Stowmarket-** Cedrus House care home (Click [HERE](#) for all the details)

Schools' Showcase: Recomposed with Thetford Academy & King Edward VI School

Tickets are on sale now: [Recomposed Showcase](#)

Recovery's Got Talent

EastEnders actor Howard Saddler came to King Edward VI School to judge a talent show for people who have had addiction and poor mental health problems. [CLICK HERE](#) to read the full BBC News story.

Suffolk Young Ambassador Programme

A group of students completed The Suffolk Young Ambassador Programme this week. Suffolk Young Ambassador Programme is a bespoke 6-week programme supporting and empowering students to become Ambassadors for social action and change. The students were tasked to develop a concept or object which

could help to solve problems/gaps in the market. The below image gives you an overview of the ideas developed.

VOLUNTEERING MATTERS

Brands
Road Map Fridge
Mansoring
X Music
Shout Out Vests

Our YSA
Protects lives
Creates community
between family and friends
Sustains environment
and community

King Edwards VI School
YSA Projects

5 Goals for Youth Social Action
To be sustainable
To be healthy
To be safe
To innovate and collaborate
To encourage community

Working as a team our group project aims to:
Change perceptions of how we live and interact with products.
Create lasting change by exploring how we design and use products.
Help sustain interactions between people and society.

Message from the Safeguarding Team

#WakeUpWednesday

What Parents & Educators Need to Know about HORROR FILMS & AGE RATINGS

The on-demand availability of streaming platforms in many homes creates extra possibilities for young viewers to be exposed to age-inappropriate content. Material which features horror or violence can cause anxiety and nightmares for children, especially since it can be hard for young ones to grasp that what they're watching isn't real.

CLASSIFICATION BREAKDOWN

The British Board of Film Classification has the following age ratings:

- U Suitable for all ages
- PG For children aged 8 and above; this content shouldn't unsettle them.
- PG-13 Children under the age of 13 should not watch without an adult; this content potentially features bad language, nudity or sexual references
- M Suitable only for 15-year-olds and above
- 15 Exclusively for an adult audience, with potentially explicit themes of violence, nudity or sex

WHAT ARE THE RISKS?

STREAMING IS EVERYWHERE

Modern mobile devices make it very easy for children to gain access to this content and watch it in the privacy of their bedrooms. The availability of streaming platforms, accessed at what most regard as neutral content, also means that parental controls, which could be viewed by children who aren't able to read or understand the controls, are often ineffective.

FACT VS. FICTION

Many children have no trouble reporting that they've been frightened, however, with increasing technology, the line between fact and fiction is becoming increasingly blurred. It's becoming a two-edged sword. On the one hand, it's a great way to learn about the world around us. On the other hand, it's a great way to learn about the world around us. It's a great way to learn about the world around us.

PEER PRESSURE

Friends encouraging each other to watch the latest film featuring violence or horror content is a common occurrence. Children who are not ready for a film containing violence or horror content, especially if they are being encouraged to watch it by their friends, may experience psychological impacts.

CHILDREN SCARE DIFFERENTLY

It can be difficult to decide what content is appropriate for children. What's fine for one child could be terrifying for another. As many children learn by watching or discussing the content, parents and educators should be aware of the potential for children to learn from the content.

PSYCHOLOGICAL IMPACTS

Young people tend to be able to cope with intense emotions. However, it's not always clear what the natural side-effect of this is. For some children, or a young person, watching horror content can have lasting effects on their mental health. The resulting anxiety can impact a child's sleeping, eating and social habits.

Advice for Parents & Educators

WATCH THE FILM FIRST

If you're concerned that a film might be unsuitable for children (whether it's their own or the horror genre or any up to age classification), then take a look for yourself. There's no better way to judge whether this content is something you'd deem appropriate for a child - and if you're, for example, an authority on the film (or at least a parent or PG), they can construct a far more credible case if they decide it's inappropriate.

REMEMBER - IT'S NOT REAL

Emphasise to children that the content they're viewing is entirely fictional and has no chance of affecting them in real life. If a child is upset after watching a film, try to understand what anxiety has unsettled them. It's not always obvious that signs of anxiety and behavioural issues to dispel any fears or anxieties they may have.

DISCUSS THE CONTENT OF FILMS

If a child has seen a film that you think they may have expressed them to potentially uncomfortable themes and ideas, don't shy away from talking about it, and answer any questions they may have. This is especially important if they watched the film without an adult present. Ask them to summarise the story for you, so this will give you an understanding of what they've learned from watching it.

USE PARENTAL CONTROLS

Most streaming platforms have the option to put age ranges on children's accounts. It means that there are some that are inappropriate for children, won't be advertised while they're browsing and won't even appear if a child specifically searches for them. This can be changed on a per-parental discretion, but it's best to protect these settings with a password, so a child can't alter anything on their own.

Meet Our Expert

John Bailey is an assistant principal at a secondary school. He has been involved with safety in schools for over 20 years, writing policies and supporting various schools in developing their e-safety provision. John has introduced a range of strategies for schools to help them to better support their child in the ever-changing digital world.

Source: See full reference list on guide page at <https://www.thenationalcollege.org.uk/wake-up-wednesday>

www.wake-up-weds.com | www.thenationalcollege.org.uk | www.wake-up-wednesday.com | www.wake-up-weds.com

Ofcom's latest Media Use and Attitudes Report states that most children can watch streamed films on a mobile device both in and out of the home, with 80% of UK children watching films on phones, tablets or laptops. That's a lot of young people who might be using their own gadgets to watch something suitably spooky this Halloween season or perhaps, something a little too frightening.

The emotional and psychological impacts of viewing age-inappropriate content can be severe. It's vital for parents and educators to know how to keep the children in their care as safe as possible while young people explore new, potentially grittier or darker pieces of media. This [FREE GUIDE](#) breaks down the risks of viewing age-inappropriate content, with a particular focus on horror, and offers expert advice on how to limit youngsters' exposure to material that might upset or disturb them.

Half-Term Activities

HALLOWEEN AT ABBEYCROFT

Get ready for a frightfully fantastic time with our Halloween activities! From petting zoo's to ghostly pool parties, there's something for every little monster.

Soft Play
XHeight Climbing
Swimming*
Petting Zoo
Climbing Wall

Explore Outdoor
Racquet Sports
Junior Gym
Mermaid/Merman Course
Halloween Pool Party

abbeycroft.org.uk

*Please note Kingfisher Pool is closed
*Not all activities are available at every site

Abbeycroft
Let's Love Life

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Follow our SEND Instagram page
[KEVI Learning Hub Instagram](#)

Everyone at King Edward VI would like to wish you a marvellous weekend.



Deri O'Regan

Dates for your Diary	
Term Dates 2024-2025 & 2025-2026	
Additional information can be found on the calendar page of the website	
Mon 21 Oct 24	Year 6 School Tour
Thurs 24 Oct 24	Year 7 Disco
Thurs 24 Oct 24	Open-Mic night, 4.30-6.30pm
Mon 28 Oct – Fri 1 Nov 24	Half Term
Mon 4 Nov 24	Suffolk Future Skills Fair
Thurs 7 Nov 24	Y10 Child Development NEA Exam
Fri 8 Nov 24	Remembrance Cathedral Service – Years 9 &10
Tues 12 Nov 24	Autumn Concert, PAC, 7-10pm
Thurs 14 Nov 24	Year 11 Mock Exams Begin
Thurs 21 Nov 24	School Reports Available on Go 4 Schools
Fri 22 Nov 24	School Closed – Teacher Training Day
Wed 27 – Thurs 28 Nov 24	Year 7 Parents' Evening

Thought for the Week

**To one who has faith, no explanation is necessary.
To one without faith, no explanation is possible.
St Thomas Aquinas**

All past issues of this Newsletter are available [on our website](#).